

## Overarching Vision - Tribe-Cause-Space:

### **TRIBE**

Imagine a tribe that is wide-awake. We are curious and are intentionally diving deeper into ourselves to find and release the power we hold within. We show up with our voice, our story, and our unique gifts and message and we inspire others to show up with theirs. We are revealing ourselves, rewriting stories of truth and are on a journey of learning to live and love with our whole heart. We use words that strengthen our souls as well as the souls of others. We are “all in” and becoming known by those around us. People are impacted and inspired by the ripple effect of who we are becoming with practice.

### **CAUSE**

Imagine a cause that unites people with others that are like-minded, but have different stories and passions. We all move forward together while supporting each other to create holistic, purposeful pathways that turn our pain into passion/power by discovering and revealing our voice, our story and our message. Hope is restored and released into marriages, families, organizations, and communities' one individual at a time as stories of depth and truth are told and we become known. We make mistakes and practice together.

### **SPACE**

Imagine a safe space that is filled with hope and offers a true sense of belonging and grace. There are no wasted words and everything offered is life-giving and leads to greater understanding. It releases the courage within to wake up and discover the power of revealing each story and is reflective of God's redeeming love and creative hand in each person. We are open and honest and challenge each other to be known and to live and love with our whole heart.

## Purpose:

Restoring Hope  
by  
Rewriting Stories

## Unifying Strategies:

### **Community**

We are better together and so by partnering and building relationships with others in a mutually beneficial way we will lead each other to the purpose God has chosen for each of us individually.

### **CORE Care**

When I am caring for myself and healthy in all areas I will be my most able to inspire and impact others. By respecting my health and myself I am honoring God's provision for me.

### **Connection through Communication**

I am at peace and most loving when I experience connection with others and myself through open communication and the practice of whole hearted living.

### **Creative Courage**

By pushing myself to do things I have never done and finish what I start even when I am afraid I will be fully alive.

### **Clear**

By keeping my internal and external environments free of excess and clutter I will have more time and energy to focus on the things that will keep me free.

### **Scorecard for Significance:**

#### **Community**

We are better together and so by partnering and building relationships with others in a mutually beneficial way we will lead each other to the purpose God has chosen for each of us individually.

Online – Engage in online communities that strengthen my CORE and will push to keep me moving in the direction I have set

Mentors – Engage regularly with people that speak truth in my life and push me past where I think I can go

Tribe – Continue building a tribe that is committed to living a life of practice and engage with them regularly

## **CORE Care**

When I am caring for myself and healthy in all areas I will be my most able to inspire and impact others. By respecting my health and myself I am honoring God's provision for me.

Physical – staying physically active and intentional about my nutrition to keep my physical body strong

Soul – taking time for reading, reflecting and writing on things that will keep my soul at ease and moving in a forward direction

Self – making time to do the things that generally give me LIFE

## **Connection**

I am at peace and most loving when I experience connection with others and myself through open communication and the practice of whole hearted living.

Self – make time to process things that I am learning about myself and having an avenue to reveal them so that I can stay in tune, experience JOY and not give shame a place to take up residence.

Others – Make time to stay in harmony with those that matter most to me. By consciously being aware and intentional to reveal any disconnection I am able to show others this way also

God – Making time to read His word and learn more about the connection that He wants to have with me.

Present – By being present with the one person in front of me I am able to connect with them – eliminate multi tasking (even in my mind) when people are involved.

## **Creative Courage**

By pushing myself to do things I have never done and finish what I start even when I am afraid I will be fully alive.

Writing – Practice putting myself out there and working through the process of writing. Creating, clarifying and expanding my voice/message.

Speaking – Actively practice speaking truth to audiences and developing a platform to share my message

Compassion – Seeking out ways to love others in a way that speaks to their heart.

No Box – Act on ideas and engage in conversations that may seem “out of the box” so as to truly “create” the work that I am called to do

### **Clear**

By keeping my internal and external environments free of excess and clutter I will have more time and energy to focus on the things that keep me free.

Internal Environment – Keep mind and heart clear of excess so that focus can remain on what is REAL to me

External Environment – Keep my environments clear of excess so that focus can remain on what needs to come out of me

Complete – Finish what I start as to continue to build confidence and learn from the process

### **Six Pack - MY CORE:**

**Worldview** - What I believe:

God: I believe that God is the creator of all things and wants to be in relationship with each of us so we know how much we are loved.

Grace: I believe all of life is a gift, even the things we as humans see as bad or hard. ALL of it is a gift.

Faith: I believe faith is the space between fear and love that gives us a choice of which way to lean.

Family: I believe that family is the vehicle that God uses to teach and refine us and make us more like Him. Family is where our faith is expanded and our ability to love is increased

Pain: I believe that even the deepest pain also holds blessing and an opportunity to experience intimacy with God in new ways. It offers a wake up call and second chance to connect back to your core and strengthen it in His Presence.

Truth: I believe the truth really will set you free. Not in the worldly sense, but from the internal bondage that not speaking truth can hold you in.

Vulnerability: I believe we gain strength and beauty as well as inspire others when we are most unarmed and raw.

Awareness: I believe that learning the practice of being aware is one of the best things we can do to connect to others and ourselves.

Reflection: I believe there is never ending learning to be gained from each situation if we are willing to reflect on it with the intention of gathering all we can.

Abundance: I believe in abundance; In giving without fear to show grace and mercy to others.

Story: I believe in story. My story can teach and inspire others and the telling of my story can reveal God because it is a portion of His Story.

### **Identity - Who I Am:**

I am a daughter of the King who is loved and given value because of who God says I am.

I am a wife that sees only Gods grace, love and provision when I look at my husband. Every day I am in AWE at what we have created with Him in the center.

I am a mother that is learning to embrace the gift of this calling and who desires for her children to know a love beyond understanding and that all of live is Grace.

I am also relationally a daughter, sister and friend that is grateful for all of the love and support that I receive and determined to live a life that says that it is that love that has gotten me to where I am today.

I am also a leader who is forgiving, humorous, intentional, creative, encouraging, complex, inspiring, vulnerable, empathetic, driven, strong and courageous.

**Principles** – What I value:

I value God who gives abundantly and loves unconditionally.

I value my husband and the marriage we have created by accepting His Grace.

I value my children who have made me smile and taught me more than I ever thought possible.

I value my family and their constant support of me building my CORE.

I value faith and the things I am allowed to trust in without seeing.

I value spiritual, emotional, and physical health.

I value time and using it to the best of my ability.

I value the journey. I am always practicing and building into who we are and so it is always a work in progress.

I value resources that allow me to learn and grow and resonate with others that are creating.

I value myself because I am God's creation and He does not make mistakes.

I value friendship and community; showing up for each other at all times in creative and loving ways.

I value transformation and doing hard work to become who I am meant to become.

**Passion** – What I love:

I love God and love the relationship I have with Him.

I love my husband and the marriage we have built with our commitment and with His Grace.

I love my boys who love and teach me more than I ever thought possible.

I love my family as a whole; where ever they are is home.

I love my family of origin and am thankful for all they did to give me the life I have had.

I love my friends and how they see the best in me, build me up, and push me to become who I am meant to be.

I love learning more about God and myself and how that learning helps me to understand more about others.

I love living and my love for living at my best is infectious!

I love quiet space in which I am free to “just be” with no responsibility.

I love moving towards holistic health. Emotional, spiritual, and physical.

I love endless possibilities and unlimited potential, which are both guaranteed in Christ.

I love seeing others come into a new awareness of who they are and how much they are loved

**Purpose** – Why I live and work:

I live in thanksgiving to God who has given me life.

I live to reveal and restore hope to people in who God is and His unlimited abilities and love for us.

I live to create a space where people believe in themselves and see the best in them selves, but also where they are encouraged to do the hard work within themselves.

I live to be light in the darkness.

I live to continue on the positive direction of the generations before me...we will always get better.

I live to inspire others to share their stories and bring them into the light.

I live to practice wholehearted living.

**Process POP– How I will do it:**