

# My OPUS

By Louise Elliott

Some people think that to be strong is to never feel pain. In reality, the strongest people are the ones who feel it, understand it, and embrace it. Remember this; the strongest tissue in your body is scar tissue.

*Believe in yourself and all that you are.*

*Know that there is something inside you that is greater than any obstacle.*

**- Christian D. Larson**

## Overarching Vision

I have a dream

- To build organizations where the majority **Love** their jobs
- To convert the vastly “not engaged” to be “highly engaged” by **encouragement, reward,** and provide **empowerment** to be **creative**
- To **motivate** by instilling **trust** and **loyalty**
- To see the good in everyone where moral is **strong** and **energized**
- To develop **talent** by focusing on individual strengths and not weaknesses
- To teach others so that they can **inspire** others and continue the cycle
- To reach a standard where people genuinely appreciate those around them. Where they interact with each other in ways that show each of them really do matter
- To , in the end, achieve a mass awareness that an individual success requires the aid of others

## Tribe – Place - Cause

My Tribe (Someone)

- Organizations, Managers, and Individuals that want invest in themselves so that they truly LOVE their job.

My Cause (Something)

- Energize & Motivate individuals to achieve their dream
- Build trust and empower individuals to take the self-investment journey

My Space (Somewhere)

- You can't go it alone. Take the self-investment journey with me and reap the rewards

## Purpose

### *Overcoming self-limiting obstacles through self-investment strategies*

- **Create** a self-investment program for Organizations, Managers, and Individuals that want invest in themselves so that they truly LOVE their job.
- **Build** trust, encourage, and empower individuals to take the self-investment journey (APPENDIX 1)
- **Motivate** and teach individuals so that they can **inspire** others and continue the cycle of positivity
- **Energize** Organizations, Managers, and Individuals to take control of their individual path to success achieve the greatness already there.

## Unifying Strategies

- **Creative Inspiration** - Clear a path for others so that they can push themselves and organizations further
- **Dedicated Motivation** - Confidently do bigger and better things with the understanding that you have a “safety net” to help you succeed...Me! Real trust comes from things you can not see. I will help you see the real you!
- **Collaborative Partnership** - Continual learning that builds confidence, fosters positive interactions, empowers you to be challenged to grow, encourages safe haven to share experiences, and teaches the Teacher!

## Scorecard for Significance

- **Creative Inspiration** - Write a book to “record” my teachings
  - Teaching packages for Organizations to invest in their employees and culture to convert the vastly “not engaged” to be “highly engaged” by **encouragement**, **reward**, and provide **empowerment** to be **creative**
  - Teaching packages for Managers to invest in themselves and to develop **talent** by focusing on individual strengths and not weaknesses
  - Teaching packages for Individuals to realize their dreams
- **Dedicated Motivation** –
  - Take the self-investment journey for myself as I guide others.
  - Live my life in alignment with the principles of “The Optimist Creed” (APPENDIX 2)
- **Collaborative Partnership** Capture and record testimonials and proactively adjust/tailor teachings

## **My Six Pack**

### **Worldview (What I believe)**

- I believe that everything happens for a reason. God has the “playbook”. Live it, Love it, and Learn from it!
- I believe that anything is possible; Your Dreams, Your Ideas, Your Vision. Never let anyone tell you, “You Can’t”
- I believe there is GOOD in everyone
- I believe we need the help of others to realize all of the wisdom to be learned
- I believe that courage is fear that has said its prayers!

### **Identity (Who am I)**

- I am hugely committed to the success of others
- I am bold, strong and confident
- I am a risk taker to the benefit of others
- I am compassionate
- I am resourceful and creative
- I am a mother

### **Principles (What do I value)**

- I value myself and my worth
- I value trust
- I value the truth
- I value gratitude – grateful for what I have
- I value my family & friends...and those I’m yet to meet. Relationships are powerful.
- I value the life I was given
- I value the power of a positive attitude
- I value the strengths of others
- I value the power of sharing my experiences with others
- I value the power of focused priorities and consistent concentration to grasp the potential to achieve great things

### **Passion (Who/What do I love)**

- I Love being a mother and the ability to influence in his choices and walk with GOD
- I Love to Inspire and motivate others
- I Love mentoring others and watching their successes
- I Love surrounding myself with the positive energy of others
- I Love giving myself to help others
- I Love to keep learning, growing, & improving myself
- I Love meditation and exercise
- I Love to relax with my cats

### **Purpose (Why I live and work)**

- I help others reach their potential
- I help others realize the value of thinking of others (& their concerns) before thinking of themselves.
- I help others to show up everyday & come ready to work
- I help others learn how to listen – You have to be silent to listen (FYI, both words are formed from the same letters: S-i-l-e-n-t, L-i-s-t-e-n)
- I help others to focus on their strengths
- I help others to concentrate on what they do well so they can do it better than anybody else
- I help others to make their “plan” public to ensure there is commitment and responsibility

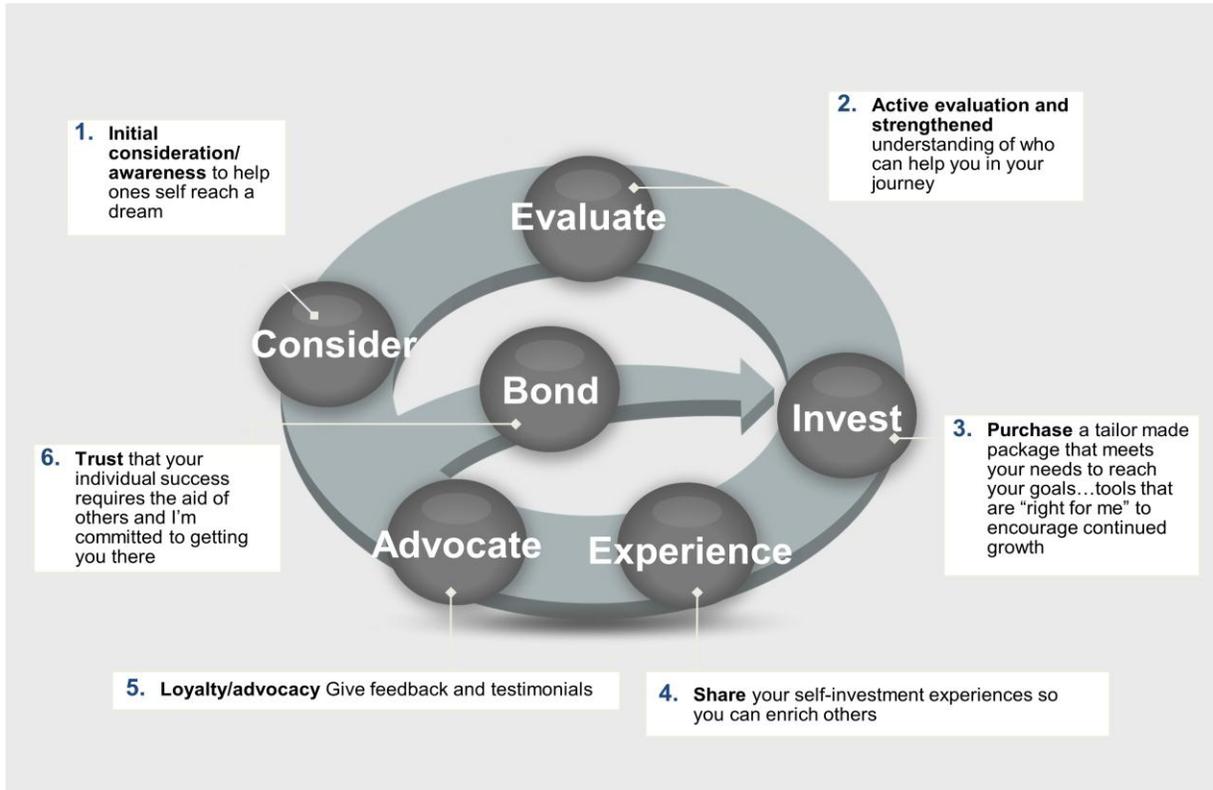
*Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do.*

*So throw of the bow lines.  
Sail away from the safe harbor.  
Catch the trade winds in your sails.  
Explore.  
Dream.  
Discover.*

**-Mark Twain**

## APPENDIX 1

### The Self-Investment Journey



**"The Optimist Creed" – Christian D. Larson**

***Promise Yourself:***

*To be so strong that nothing can disturb your peace of mind.*

*To talk health, happiness, and prosperity to every person you meet.*

*\*To make all your friends feel that there is something worthwhile in them.*

*To look at the sunny side of everything and make your optimism come true.*

*To think only of the best, to work only for the best and to expect only the best.*

*To be just as enthusiastic about the success of others as you are about your own.*

*To forget the mistakes of the past and press on to the greater achievements of the future.*

*To wear a cheerful expression at all times and give a smile to every living creature you meet.*

*To give so much time to improving yourself that you have no time to criticize others.*

*To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.*

*To think well of yourself and to proclaim this fact to the world, not in loud word, but in great deeds.*

*To live in the faith that the whole world is on your side, so long as you are true to the best that is in you.*