

My OPUS

by Nancy Gilbertsen

OVERARCHING VISION - My Big Dream

A Tribe of students enlightened and excited about what's ahead. Bursting to create a future based on living with intention and purpose. Motivated by sharing, comparing and dreaming together how life can be. Parents in awe of the amazing ideas, ready to nourish and support.

A Cause that restores mindsets to the creative and unlimited, passionate and confident even idealistic. A cause determined to open thinking to create ways to serve others. A cause that permits the anticipation of joy and adventure, learning and experiencing.

A Space that encourages finding the treasures in life. An inviting space of becoming aware and quite sure of what matters each day. A space where secrets to a life of meaning and faith are uncovered and developed and handed down to others just starting out.

PURPOSE - The defining statement of my work

Exposing students' big ideas by nourishing their designs and guiding their intentions.

UNIFYING STRATEGIES - What's necessary for me to achieve this?

Relate Up -Deepened Relationship with God - by spending time in the word of God and talking with Jesus all the day, I become an authentic teacher, coach and prayerful partner in the big idea process.

Scorecard for Success:

- Prayer Time - Establishing prayer to focus on giving thanks and praise.
- Study Time - Going deeper in knowledge and understanding so sharing becomes easy.
- Cuddle Time - Opening up to the love and direction from above. Quiet, still, time to listen.
- Body Time – Exercising my mind and body to bring energy and facilitate clarity.

Train Up - Get in the Know - by knowing what holds them back I can help students uncover their ideas and hopes for a life filled with treasures, purpose and meaning. By adding tools to my tool box I can customize my approach with each and every one knowing differences matter.

Scorecard for Success:

- On Campus - Relating with students regularly to refine my approach.
- On Line - Researching mediums, models, apps, media, etc. for connecting what exists with my big idea.
- On Tools - Refresh classic tools and add on with new tools for additional flexibility and personalization.

Listen Up - Get Connected - by spending time with individuals who are close to all that I need to learn, I will be able to develop a bigger sense of the value I can bring. By connecting with resources and discovering

complimentary efforts, I will generate synergies that expand the reach and allow my tribe to have top notch exposure.

Scorecard for Success:

- Parenting – connecting with parents to expose the need their children have for starting early in their careers in order to fulfill a life lived intentionally.
- Networking - Developing a strong support system for the cause of restoring mindsets.
- Interviewing - A practice of gathering information and expanding understanding of where and how to add value.
- Mentoring - Assuming the mindset of learning from others and in turn providing learning to others.

Create Up - Design Creative Experiences - by providing inspiring, fun and innovative approaches, students can be free to unearth their true interests and define the valuable contributions deep inside of them that can live on.

Scorecard for Success:

- Images - Providing mediums for students to visually create their future intentions for work, family, hobbies, health, money, dreams, and spirituality.
- Words - Challenging students to use words that inspire, motivate, and ensure commitment.
- Adventures - Inviting students on life defining and fulfilling adventures that open minds and foster giving, teaching, helping others.

Wise Up - Discover Life's Treasures - while living intentionally brings happiness and accomplishment, leaving lessons of guidance and meaning behind for others are the treasures to seek and hold onto.

Scorecard for Success:

- Quotes - pinning quotes that touch ones heart to help keep directions for living alive.
- Verses - reciting verses from The Book as a practice of praise.
- Lessons - keeping a book to acknowledge the times that teach a life lesson

MY SIX PACK

Worldview – What I Believe

- ❖ I believe **God** makes all things new. That through our pain we will be transformed, given new mindsets and it is through this, His grace, that we become alive and empowered to live the life He has planned for us.
- ❖ I believe that becoming **Thankful, giving Thanks** is the way to live life fully.
- ❖ I believe **Good** will prevail over evil. I believe every good person will make a difference. I believe there is good in everyone.
- ❖ I believe in the power of **Words** and **Pictures** to inspire and motivate.
- ❖ I believe **Family** is precious and essential for being loved and giving love, a gift from God to be cherished and nourished.

Identity – Who I Am

- ❖ I am a **Loving** mother and wife with beautiful children and a wonderful husband.
- ❖ I am **Happy** when I am successful coaching someone with their personal or career development.
- ❖ I am **Creative** at heart with a strong interest in using my creativity in meaningful ways.
- ❖ I am **Warm** and **Caring**, understanding and empathetic, and very easy to talk to.
- ❖ I am **Sincere** and **Authentic**.
- ❖ I am **Giving** of my time to help others.
- ❖ I am **Thankful** that I am a child of a loving God.

Principles – What I Value

- ❖ I value **Conversation** that enlightens.
- ❖ I value **Collaboration** with others because there is synergy in many perspectives and ideas coming together.
- ❖ I value **Personal Growth** a mindset of continuous improvement.
- ❖ I value a really good book that **Opens Thinking** and a good movie with an important **Life Lesson**.
- ❖ I value time with **Family**, making memories, honoring and supporting each other – truly loving each other.
- ❖ I value good **Friends** who accept, listen to and encourage each other.

Passion – What I Love

- ❖ I love seeing **my kids** being natural, happy, smart, funny, creative and genuine.
- ❖ I love experiencing **new things**, going new places, meeting new people.
- ❖ I love **learning about people** through my coaching.
- ❖ I love **making things** that involve creating memories.
- ❖ I love **teaching** and sharing insights, thoughts, and ideas.
- ❖ I love **connecting people** to other people because they can serve each other in some way.
- ❖ I love trees, flowers, bodies of water, children, my puppy and the color green.

Purpose – Why I Live and Work

- ❖ I help by **providing a perspective** that may open up a new or better thought, idea or behavior.
- ❖ I help by **validating and acknowledging** others.
- ❖ I help by being a **catalyst for ideas**, letting others mold them into their own.
- ❖ I help by **teaching**, and sharing tips and techniques for taking action.
- ❖ I help by **allowing for choices and guiding decisions**.
- ❖ I help by just **listening**.
- ❖ I help by **sharing information** on career planning and development.

"Look closely at the present you are constructing. It should look like the future you are dreaming."
Alice Walker