

Ruth Pierce's OPUS

"A master in the art of living draws no sharp distinction between his work and his play; his labor and his leisure; his mind and his body; his education and his recreation. He hardly knows which is which. He simply pursues his vision of excellence through whatever he is doing and leaves others to determine whether he is working or playing. To himself, he always appears to be doing both."

L.P. Jacks

Over-arching Vision: *My Big Dream*

My dream is about personal growth. I have a dream where I am continually reaching my potential. As I personally grow I am encouraging others to reach their potential as well. I see myself with the weights of past hurts and feelings of unworthiness gone—not buried under the rug to be tripped over OR in the backyard so that the dog can unearth them, but dropped in the bottom of the ocean. I find my voice. I continue to learn from others, but I have my own message. With this freedom to fly, I take others along with me, as far as they want to go.

We do this as we together learn assertive and biblical relationship skills. Everyone's needs and desires are taken into consideration. Disagreements when they come--and they will--are handled with listening and confrontational skill. The idea that it is wrong to express needs has no place in this environment.

I am transparent with my group. They understand my strengths and weaknesses. They understand that it is okay to fail. Our mistakes teach us what not to do the next time and refines best practices going forward. We learn from each other.

In this safe environment, I bring a continual cascade of ideas—some for me and some for different ones. God uses this as a way to minister to others. These multiple ideas come from the many books and blogs I love to read. The thoughts come at the right time. Together we sort through the ideas, throwing away the ones we do not want and acting on the ones we do.

This dream is relevant for the corporate world also. I tailor this message for use in that environment. The message of letting go of hurtful thinking and behavior that ties us down and flying with our potential is important no matter what your personal beliefs.

My time to fly is now. Is the time right for you? Do you want to fly with me?

My Tribe, My Cause and Message, My Space

My Tribe—Those who are ready to move on with personal growth and finding their potential.

My tribe is those who are ready to fly with me.

My Cause—I want to help others break loose from the weights that tie them down in order to reach their potential.

My Space—I want an environment that is safe for growth. It is okay to have needs and it is okay to fail. We take everyone’s needs into consideration. We learn from our failures. Relationship and communication is assertive, not passive aggressive.

Purpose: *Come Fly with Me*

Value Proposition Statement: I am chosen by God to be a friend, author, coach, and facilitator who helps those who are tied down by past hurts to understand and release those hurts in order to unleash their potential.

Unifying Strategies:

GROWING ENVIRONMENTS--

Create a Safe Environment and Process for Growth—Realizing that personal growth is impossible without the right components, I create and promote safe environments for myself and others.

- Strengths and Weaknesses— Through examining and finding out more about ourselves, we grow.
- Self-worth and Triggering Hurts--- Through examining and finding out more about our hurts, triggers, and self-worth basis, we grow.
- Assertive Behavior—Through exercising assertive behavior, not passive and passive aggressive behavior, we grow.
- Truth & Acceptance—Through receiving a mixture of both truth and acceptance, we grow.
- Comfort Zone—Through opportunities to step out of our comfort zone, having opportunities to succeed and learn from our failures, we grow.

GROWING ME--

Personal Growth for Me is Essential—By continuing to grow myself and looking for and releasing the weights that are tying me down I reach my potential.

- De-cluttering—Through de-cluttering all areas of my life, I fly.
- Balanced growth—Through balanced growth physically, spiritually, mentally, and emotionally, I fly.
- Coaching—Through coaching or mentoring for me at least annually, I fly
- Protection—Through protecting my creative energy and resources, I fly.

GROWING OTHERS--

Explore and Find Ways to Influence Others

Because I do want to help others to find their potential, I explore ways to influence others:

- Friendships--Through being a friend who influences her friends to reach their potential.
- Coaching--Through individual and group coaching experiences, I influence others to reach their potential.
- Authoring--Through authoring books and coaching material, I influence others to reach their potential.
- Corporate and Non-profit--Through both corporate and non-profit environments, I influence others to reach their potential.
- Organizations and Department--Through facilitating organizations and departments to clarify their OPUS, I influence these entities to reach their potential.
- Partners--Through intentionally looking for and finding partners with different skills and gifts than mine I increase my influence for others to reach their potential.
- Compounding Influence--Through finding ways to compound this influence over time, I influence more and more people to reach their potential.

My Six Pack

1. Worldview—What I Believe

- God—I firmly believe in God as the Creator and that He desires a personal relationship with me through His Son, Jesus Christ. God has a plan for my life and He has given me gifts that He wants me to use for Him.
- Family and Friends—Family and friends are an essential part of our lives. Safe relationships are important for a fruitful life and personal growth. Family and friends build into me and I build into them.
- Life—Our life here on earth is a gift of God. What we do with it is our gift to God and others. The number of our days are ordained by God.

- Pain—Pain is an inherent part of life. These experiences shape our lives. Pain, however, must be processed, or it will become chronic pain.
- Time—Time is limited while we are here on earth and must be prioritized.
- Circle of Influence—While there are many, many needs throughout the world to which I do not want to become indifferent, I will focus on the needs where I can have the most impact.

2. Identity—Who Am I?

- I am a chosen child of God. I am gifted to pursue my purpose in life. I am chosen by God to be a friend, author, coach, and facilitator who helps those tied down by past hurts in order to unleash their potential.

3. Principles—What I Value?

- I value integrity. I value open, honest, assertive relationships. I value transparency in these relationships.
- I value time with family and friends.
- I value meaningful work. I want to make a difference in the lives of others.
- I value quiet and solitude, especially outdoors.

4. Passion—What I Love

- I love to use my God-given gifts to serve others.
- My greatest source of serving is helping others with ideas and helping work through their hurts, making personal growth a priority, and unleashing their potential.

5. Purpose—Why I Live and Work

- I live and work to glorify God
- I live and work to use the gifts God has given me.
- I live and work to encourage others to use their gifts as well.
- I live and work to help them find their strengths and weaknesses; heal their hurts so that they can reach their potential.

6. **Process—How Will I Do It?** By creating a Plan of Productive Action—POP each month. The last Sunday of each month, will be review time and creation for the next month.